Allergen Table for Primary / Secondary Menu October 2018 - April 2019

Recipe name	Mustard	Soya	Celery and celeriac	Milk	Egg	Fish	Cereals containing gluten	Sesame	Sulphur dioxide and sulphites	Peanut	Nuts	Lupin	Molluscs	Crustaceans
Baked Beans														
Baked Lemon Salmon Crumb						Y	Y							
Battered Fish (Primary)						Y	Y							
Beef Curry	Y		Y				Y							
Bolognaise Pasta							Y							
Chips (McCain Oven)														
Daily Bread				Y			Y							
Fish Fillet Fingers						Y	Y							
Garlic and Herb Slices		Y		Y			Y							
Gravy (Vegetarian)														
Herb Diced Potato														
Homemade Tomato & Vegetable Sauce			Y											
Jacket Potato with Baked Beans														
Jalapeno Chicken Meatballs			Y				Y							
Macaroni Cheese	Y	Y		Y			Y							
Moroccan Chicken														
Roast Beef														
Roast Lamb														
Roast Potatoes														
Tugo Pizza with BBQ Chicken and Red Onion			Y	Y			Y		Y					
Tugo Pizza with Cheese & Tomato			Y	Y			Y							
Tuna Wrap	Y			Y	Y	Y	Y		Y					
Vegeballs In Homemade Tomato & Vegetable Sauce		Y	Y				Y							
Vegetable Country Bake				Y			Y							
Vegetable Pasta Bake				Y		Y	Y							
Wedges, Potato														
Wholegrain Rice														
Wholemeal Penne Pasta in Tom & Basil (Neapolitan) Sauce - Use Homemade Tomato & Vegetable Sauce			Y				Y							
Yorkshire Pudding				Y	Y		Y							
Broccoli														
Carrot and Orange Salad														
Carrots														
Cauliflower														
Celery Sticks			Y											
Coleslaw	Y			Y	Y									
Cous Cous Salad							Y							
Cucumber														
Diced Beetroot														
Garden Peas														
Green Beans														
Mixed Salad														
Mixed Vegetables														
Raita				Y										
Red Pepper														
Savoy Cabbage														
Sliced Peppers														
Sweetcorn														
Sweetcorn Cobette														
Three Bean Salad														
Banana and Custard Yoghurt Pot				Y										
Cheese (Dinky Dinos/Cheddar/Red Leicester)				Y										
Crackers (Jacobs)				Y	Y		Y	Y						
Custard				Y										
Fresh Fruit Platter														
Frozen Strawberry Yoghurt				Y										
Jelly with Fruit														
Organic Apple Lolly														
Peaches														
Pineapple Fruit Smoothie Tub														
Rice Pudding				Y										
Yeo Valley Strawberry Yogurt				Y										
Yeo Valley Yogurt Mango & Vanilla				Y										
Yeo Valley Yogurt Raspberry				Y										